



CHRISTOPHER HEIGHTS™

# September 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					<p>10:30 Exercise 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour / in the Pub 6:00 Wii Jeopardy</p>	<p>10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Prize Drop 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Labor Day"</p>
<p>3 10:30 "The Purl Girls" Knitting 1:30 Movie "Labor Day" 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies</p>	<p>4 Labor Day 10:30 Exercise 11:00 Rosary 2:00 Chain Reaction Word Game 3:15 Social Hour in the Pub / Serving Ice Cream 6:30 BINGO-3rd Floor</p>	<p>5 9:30 Hometown Bank in Library 10:30 Exercise 11:00 Rosary 2:00 **NEW** Connections Church Worship (Protestant) 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling</p>	<p>6 10:30 Exercise Class 11:00 Rosary 12:00 PATIO PICNIC 2:00 Blood Pressure &amp; Balance Clinic 3:15 Social Hour in the Pub 6:00 Movie "The Hiding Place"</p>	<p>7 10:30 TOWN HALL 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Wii Bowling League</p>	<p>8 9:30 Weekly Gratitudes 10:30 Strength Training with Resistance Bands 11:00 Rosary 2:00 Bday Party / Kalifornia Karl 3:15 Social Hour / in the Pub 6:30 BINGO-3rd Floor</p>	<p>9 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Book Club Discussion with Randa 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "World Trade Center"</p>
<p>10 HAPPY GRANDPARENTS DAY! 10:30 "The Purl Girls" Knitting 1:30 Movie "World Trade Center" 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies</p>	<p>11 10:30 Stretch / Breathe with Yoga Balls 11:00 Rosary 2:00 **NEW** Musical Bingo with Teena / 2nd Floor 3:15 Social Hour in the Pub / Serving Ice Cream 6:00 Ladder Ball</p>	<p>12 9:30 Reflection Time 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Great Plates Food Meeting / Followed by Quote Slide show 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling</p>	<p>13 10:30 Exercise 11:00 Rosary 12:00 PATIO PICNIC 2:00 Mass St. Louis 3:15 Social Hour in the Pub 6:00 - 9:00p.m. Senior Dance/ Putnam Elks/ Sign up at desk 6:00 Movie "Dave"</p>	<p>14 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Horizon Wings "ALL ABOUT OWLS" Program (Real Owls) 3:15 Social Hour in the Pub 6:30 BINGO - 3rd Floor</p>	<p>15 9:30 Weekly Gratitudes 10:30 Strength Training with Resistance Bands 11:00 Rosary 12:30 Moe's Fried Dough Truck 3:15 Social Hour / in the Pub 4:30 to 6:30 p.m Fall Extravaganza with TRU Diamond Band</p>	<p>16 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony Communion &amp; Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Notorious"</p>
<p>17 10:30 "The Purl Girls" Knitting 1:30 Movie "Notorious" 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies</p>	<p>18 10:30 Stretch / Breathe with Yoga Balls 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Ice Cream 6:30 BINGO-3rd Floor</p>	<p>19 9:30 Hometown Bank in Library 9:30 Reflection Time 10:30 Drum Fit for Seniors 11:00 Rosary 2:15 Our Resident Toni Performs Italian &amp; English Songs 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling</p>	<p>20 10:30 Exercise Class 11:00 Rosary 2:00 Health Seminar "Allergies &amp; Asthma" 3:15 Social Hour in the Pub 6:00 Movie "To Kill A Mockingbird"</p>	<p>21 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Wii Bowling League</p>	<p>22 Rain Date for Fall Extravaganza 9:30 Weekly Gratitudes 10:30 Strength Training with Resistance Bands 11:00 Rosary 2:00 Fun Buzzer Trivia with a Twist 3:15 Social Hour / in the Pub 6:00 Wii Jeopardy</p>	<p>23 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Advanced Bingo/ 3rd Floor 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Moonstruck"</p>
<p>24 10:30 "The Purl Girls" Knitting 1:30 Movie "Moonstruck" 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies</p>	<p>25 10:30 Stretch / Breathe with Yoga Balls 11:00 Rosary 2:00 Chain Reaction Word Game 3:15 Social Hour in the Pub / Serving Ice Cream 6:30 BINGO-3rd Floor</p>	<p>26 9:30 Reflection Time 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Fun Buzzer Trivia with a Twist 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling</p>	<p>27 10:30 Exercise Class 11:00 Rosary 2:00 Pastor John Dudley, Cong. Church 3:15 Social Hour in the Pub 6:00 Movie "Air Force One"</p>	<p>28 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 The Price is Right / 2nd Floor 3:15 Social Hour in the Pub 6:00 Wii Bowling League</p>	<p>29 9:30 Weekly Gratitudes 10:30 Strength Training with Resistance Bands 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour / in the Pub 6:00 Golf Putt</p>	<p>30 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Ladder Ball 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Kindergarten Cop 2"</p>