




CHRISTOPHER HEIGHTS™

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1<div>10:30 Exercise Class 2:00 Blood Pressure Clinic 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 5:30 Putnam Dance / Halloween Theme 6:00 Evening Movie</div></div>	<div>2<div>10:30 Chair Dancing with Jackie 1:30 Great Plates Food Meeting 2:00 Resident Town Hall 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div></div>	<div>3<div>10:30 Stretch & Breathe Class 2:00 Trivia Time 3:15 Social Hour in the Pub 6:00 New ** Hanging Ring Toss Game</div></div>	<div>4<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Large Crossword Puzzle on TV Screen 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div></div>
<div>5<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div></div>	<div>6<div>10:30 Exercise Class 2:00 Mass St. Joe’s 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Evening Movie</div></div>	<div>7<div>VACCINE CLINIC! 10:30 Seated Tai Chi 1:00 Vaccine Clinic 1st floor 3:15 Social Hour in the Pub 6:00 WII Family Feud</div></div>	<div>8<div>10:30 Exercise Class 2:00 Mass St. Louis 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div></div>	<div>9<div>10:30 Drum Fit for Seniors 2:00 Wheel of Fortune Game Online 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div></div>	<div>10<div>10:30 Stretch & Breathe Class 2:00 NEW*** Doug Urquhart Sings 3:15 Social Hour in the Pub 6:00 Corn Hole</div></div>	<div>11<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Golf Putt 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div></div>
<div>12<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sing -A -Long</div></div>	<div>13<div>COLUMBUS DAY! 10:30 Exercise Class 2:00 Birthday Party w/ Terry Bradley 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Comedy Hour with Debbie</div></div>	<div>14<div>10:30 Seated Tai Chi 2:00 Price is Right / Great Room 3:15 Social Hour in the Pub 6:00 Ladder Ball</div></div>	<div>15<div>10:30 Exercise Class 2:00 Long Word Short 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div></div>	<div>16<div>10:30 Chair Dancing with Jackie 2:00 Headbanz Guessing Game 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div></div>	<div>17<div>10:30 Stretch & Breathe Class 2:00 Poodles Visit 3:15 Social Hour in the Pub 6:00 Ball in a Bucket Toss</div></div>	<div>18<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:00 St. Anthony’s Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div></div>
<div>19<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div></div>	<div>20<div>10:30 Exercise Class 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Common Word</div></div>	<div>21<div>10:30 Seated Tai Chi 2:00 Book Club Discussion 3:15 Social Hour in the Pub 6:00 Prize Drop</div></div>	<div>22<div>10:30 Exercise Class 2:00 Pastor John /Dudley Cong. Church 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div></div>	<div>23<div>10:30 Drum Fit for Seniors 2:00 Breast Cancer Awareness talk with Del from Pinkhippy 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Alzheimer’s Program / Gina / Tri Valley</div></div>	<div>24<div>10:30 Stretch & Breathe Class 2:00 NEW*** Dan Kouriac Sings 3:15 Social Hour in the Pub 6:00 Hanging Ring Toss</div></div>	<div>25<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Corn Hole 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div></div>
<div>26<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sing -A -Long</div></div>	<div>27<div>10:30 Exercise Class 1:30 Jewelry Making with Del in the Pub / Sign Up at front desk (max 20) 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Name That Tune</div></div>	<div>28<div>10:30 Seated Tai Chi 2:00 Guess How Many 3:15 Social Hour in the Pub 6:00 Golf Putt</div></div>	<div>29<div>10:30 Exercise Class 2:00 Left, Right, Center in the Pub 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div></div>	<div>30<div>10:30 Drum Fit for Seniors 2:00 Battle Bags Toss Game 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div></div>	<div>31<div>10:30 Stretch & Breathe Class 2:00 Halloween Party with J&L Sound / 2nd Floor 3:15 Keep the fun going with the “After Party” in the Pub 6:00 Long Word Short</div></div>	