



CHRISTOPHER HEIGHTS™

# October 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>10:30 Seated Tai Chi 11:00 Rosary 2:00 Connections Church Worship 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy 6:00 Wii Golf</p>	<p>2 10:30 Exercise Class 11:00 Rosary 2:00 Blood Pressure Clinic 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>3 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Great Plates Food Meeting 2:00 Resident Town Hall 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>	<p>4 10:30 Stretch &amp; Breathe Class 11:00 Rosary 2:00 Bingo in the Pub 3:15 Social Hour in the Pub 6:00 Large Crossword Puzzle on TV Screen</p>	<p>5 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Ladder Ball 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>6 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub / Serving Cheese &amp; Crackers 6:00 Sunday Night Melodies</p>	<p>7 10:30 Exercise 11:00 Rosary 2:00 Mass St. Joe's 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Movie Night</p>	<p>8 VACCINE CLINIC! 10:30 Seated Tai Chi 11:00 Rosary 1:00 Vaccine Clinic 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy 6:00 Long Word Short</p>	<p>9 10:30 Exercise Class 11:00 Rosary 2:00 Mass St. Louis 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 5:30 Putnam Senior Dance / Halloween Theme / Sign up at desk 6:00 Evening Movie</p>	<p>10 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Long Word Short 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>	<p>11 10:30 Stretch &amp; Breathe Class 11:00 Rosary 1:30 Painting Class with Jean Walker/ In the Pub / Sign Up at Desk 3:15 Social Hour in the Pub 6:00 Golf Putt</p>	<p>12 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Book Club Discussion with Randa 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>13 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub / Serving Cheese &amp; Crackers 6:00 Sunday Night Melodies</p>	<p>14 COLUMBUS DAY! 10:30 Exercise 11:00 Rosary 2:00 BINGO in the Pub 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Apples to Apples / Come learn the Game / Pub</p>	<p>15 10:30 Exercise Class 11:00 Rosary 2:00 Seated Volleyball 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy 6:00 Wii Jeopardy</p>	<p>16 10:30 Exercise Class 11:00 Rosary 2:00 Health Seminar "Sodium" 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>17 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Battle Bag Toss Game 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>	<p>18 WEAR PINK DAY FOR BREAST CANCER AWARENESS! 10:30 Stretch &amp; Breathe Class 11:00 Rosary 2:00 Bob Martin Jazz Trio / Instrumentals and vocals from The Great American Songbook 3:15 Social Hour in the Pub 6:00 Bingo in the Pub</p>	<p>19 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony Communion &amp; Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>20 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub / Serving Cheese &amp; Crackers 6:00 Sunday Night Melodies</p>	<p>21 10:30 Exercise 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Bingo in the Pub</p>	<p>22 10:30 Seated Tai Chi 11:00 Rosary 2:00 Price is Right / Great Room 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy 6:00 Wii Golf</p>	<p>23 10:30 Exercise Class 11:00 Rosary 2:00 Pastor John Dudley, Cong. Church 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>24 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Birthday Party with Folk Duo / Ashley &amp; Eric L'Esperance 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>	<p>25 10:30 Stretch &amp; Breathe Class 11:00 Rosary 2:00 Bingo in the Pub 3:15 Social Hour in the Pub 6:00 Prize Drop</p>	<p>26 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Corn hole 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>27 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub / Serving Cheese &amp; Crackers 6:00 Sunday Night Melodies</p>	<p>28 10:30 Exercise 11:00 Rosary 2:00 BINGO in the Pub 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Long Word Short</p>	<p>29 10:30 Exercise 11:00 Rosary 1:30 Fall Craft / in the Pub/ Sign up at desk 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy 6:00 Golf Putt</p>	<p>30 10:30 Exercise Class 11:00 Rosary 2:00 Chain Reaction Word Game 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>31 HAPPY HALLOWEEN! 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Halloween Happenings (more info to follow) 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>		