



CHRISTOPHER HEIGHTS™

May 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



CINCO DE MAYO! 5
 10:30 "The Purl Girls" Knitting
 1:30 Movie Matinee
 2:00 Walking Group
 3:15 Social Hour in the Pub
 6:15 Sunday Night Melodies

6
 10:30 Drum Fit for Seniors
 11:00 Rosary
 2:00 Mass St. Joe's
 3:15 Social Hour in the Pub
 6:00 Resident Movie Night

7
 9:30 Be Kind Group
 10:30 Seated Tai Chi
 11:00 Rosary
 2:00 Connections Church
 Worship (Protestant)
 3:15 Social Hour in the Pub
 6:00 Ladder Ball

8
 10:30 Exercise Class
 11:00 Rosary
 2:00 Mass St. Louis
 3:15 Social Hour in the Pub
 5:30 Putnam Senior Dance /
 Celebrating Cinco De Mayo &
 Mardi Gras / Sign Up at Desk
 6:00 Evening Movie

9
 10:30 Drum Fit for Seniors
 11:00 Rosary
 1:30 Great Plates Food Meeting
 Followed Long Word Short
 3:15 Social Hour in the Pub
 6:00 Wii Bowling League

10
 10:00 Chronic Disease & Self-
 Management Class / For
 Residents Who Signed Up
 2:00 BINGO- 3rd Floor
 3:15 Social Hour in the Pub
 6:00 WII Jeopardy

11
 10:30 "The Purl Girls" Knitting
 10:30 Exercise
 2:00 Book Club Discussion with
 Randa
 3:15 Social Hour in the Pub:
 Serving Hot Appetizers
 6:00 Resident Movie Night

HAPPY MOTHER'S DAY! 12
 10:30 "The Purl Girls" Knitting
 1:30 Movie Matinee
 2:00 Walking Group
 3:15 Social Hour in the Pub
 6:15 Sunday Night Melodies

INTERNATIONAL HUMMUS DAY! 13
 10:15 Chair Yoga w/ Bonnie
 11:00 Rosary
 2:00 Corn hole (Outside Weather
 Permitting)
 3:15 Social Hour in the Pub /
 Hummus Tasting
 6:30 BINGO-3rd Floor

14
 9:30 Hometown Bank
 9:30 Be Kind Group
 10:30 Seated Tai Chi
 11:00 Rosary
 1:30 Flying High Dog Show
 Outdoors / Rain Date 5/28
 3:15 Social Hour in the Pub
 6:00 Long Word Short

15
 10:30 Exercise Class
 11:00 Rosary
 2:00 Health Seminar / Change the
 Way you Look at Healthy
 Living
 3:15 Social Hour in the Pub
 6:00 Evening Movie

16
 10:30 Drum Fit for Seniors
 11:00 Rosary
 2:00 Ice Cream Social
 3:15 Social Hour in the Pub
 6:00 Wii Bowling League

17
 10:00 Chronic Disease & Self-
 Management Class / For
 Residents Who Signed Up
 10:30 Stretch & Breathe Class-Pub
 2:00 BINGO- 3rd Floor
 3:15 Social Hour in the Pub
 6:00 Ladder Ball

18
 10:30 "The Purl Girls" Knitting
 10:30 Exercise
 2:00 St. Anthony Communion
 & Prayer
 3:15 Social Hour in the Pub:
 Serving Hot Appetizers
 6:00 Resident Movie Night

19
 10:30 "The Purl Girls" Knitting
 1:30 Movie Matinee
 2:00 Walking Group
 3:15 Social Hour in the Pub
 6:15 Sunday Night Melodies

20
 10:30 Drum Fit for Seniors
 11:00 Rosary
 2:00 Mass Sacred Heart
 3:15 Social Hour in the Pub
 6:30 BINGO-3rd Floor

21
 9:30 Be Kind Group
 10:30 Seated Tai Chi
 11:00 Rosary
 2:00 Birthday Party with Cameron
 Suptin
 3:15 Social Hour in the Pub
 6:00 Prize Drop

22
 10:30 Exercise Class
 11:00 Rosary
 2:00 Pastor John Dudley, Cong.
 Church
 3:15 Social Hour in the Pub
 6:00 Evening Movie

23
 10:30 Drum Fit for Seniors
 11:00 Rosary
 2:00 Independent Activity in
 the Pub
 3:15 Social Hour in the Pub
 6:00 Wii Bowling League

24
 10:30 Stretch & Breathe Class
 11:00 Rosary
 2:00 BINGO- 3rd Floor
 3:15 Social Hour in the Pub
 6:00 WII Family Feud

25
 10:30 "The Purl Girls" Knitting
 10:30 Exercise
 2:00 Golf Putt
 3:15 Social Hour in the Pub:
 Serving Hot Appetizers
 6:00 Resident Movie Night

26
 10:30 "The Purl Girls" Knitting
 1:30 Movie Matinee
 2:00 Walking Group
 3:15 Social Hour in the Pub
 6:15 Sunday Night Melodies

MEMORIAL DAY! 27
 10:30 Drum Fit for Seniors
 11:00 Rosary
 2:00 Memorial Day Program with
 Debbie
 3:15 Social Hour in the Pub
 6:30 BINGO-3rd Floor

28
 9:30 Hometown Bank! & RAIN
 DATE FOR FLYING HIGH DOG
 SHOW!
 10:30 Exercise Class
 11:00 Rosary
 2:00 Battle Bags Toss Game
 3:15 Social Hour in the Pub
 6:00 WII Jeopardy

29
 10:30 Exercise Class
 11:00 Rosary
 2:00 Common Word
 3:15 Social Hour in the Pub
 6:00 Evening Movie

30
 10:30 Drum Fit for Seniors
 11:00 Rosary
 1:30 Summer Craft / in the Pub /
 Sign Up at Desk/ 16 Max
 3:15 Social Hour in the Pub
 6:00 Wii Bowling League

31
 10:30 Stretch & Breathe Class
 11:00 Rosary
 1:00 - 5:00 p.m. Chair Massage (10
 Minute sessions) in the Salon
 must Sign Up at Desk
 3:15 Social Hour in the Pub
 6:30 BINGO-3rd Floor

