

June 2024

| CHRISTOPHER HEIGHTS Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|--|---|
| HAPPY FATHER'S DAY | Life is Cetter Garden | Tuesday | Wednesday | HELLO | ***** HAPPY ***** FLAG DAY ***** | 1 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Book Club Discussion with Randa 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night |
| 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub 6:15 Sunday Night Melodies | 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Mass St. Joe's 3:15 Social Hour in the Pub 6:30 BINGO-3rd Floor | Jerry's Soft Serve Ice Cream Truck 4 10:00 Morning Meditation 10:30 Seated Tai Chi 11:00 Rosary 12:30 Jerry's Soft Serve Ice Cream Truck 2:00 Connections Church Worship (Protestant) 3:15 Social Hour in the Pub 6:00 Introduction to Bible Study with Nancy | 9:30 Outing to Maureen's Barn 10:30 Exercise 11:00 Rosary 2:00 Elvis Tribute with Dan Fontaine 3:15 Social Hour in the Pub 6:00 Evening Movie | 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Resident Town Hall 3:15 Social Hour in the Pub 5:45 Book Club Trip to Library to Meet Author 6:00 Independent Activity | 7 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Birthday Party with Kalifornia Karl 3:15 Social Hour in the Pub 6:30 BINGO-3rd Floor | 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Ladder Ball 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night |
| 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub 6:15 Sunday Night Melodies | 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Movie Time | 10:00 Morning Meditation 10:30 Seated Tai Chi 11:00 Rosary 1:15 Mystery Tour / Sign Up at The front desk / bring at least \$10-\$20 Cash 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy | FIRST PATIO PICNIC! 12 10:15 Chair Yoga with Toni 11:00 Rosary 2:00 Mass St. Louis 3:15 Social Hour in the Pub 6:00 Evening Movie | 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Great Plates Food Meeting / Followed by Introduction to Mantras, Crystals, Reiki & Meditation 3:15 Social Hour in the Pub 6:00 Common Word | FLAG DAY! 14 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Paul Belanger Sings 3:15 Social Hour in the Pub 6:30 BINGO-3rd Floor | 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night |
| HAPPY FATHER'S DAY! 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub 6:15 Sunday Night Melodies | 17 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub 6:30 BINGO-3rd Floor | 10:00 Morning Meditation 10:30 Seated Tai Chi 11:00 Rosary 1:30 "Essence of You" Boxes / Bring things that describe the essence of who you truly are and what brings you joy / Pub 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy | Juneteenth PATIO PICNIC! 19 10:30 Exercise Class 11:00 Rosary 2:00 WII BOWLING 3:15 Social Hour in the Pub 6:00 Evening Movie | FIRST DAY OF SUMMER! 20 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Come Meet Gilbert the Party Pig & His Friend (Outside weather permitting) 3:15 Social Hour in the Pub 6:00 Chain Reaction Word Game | 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Corn Hole | 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Battle Bags Toss Game 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night |
| 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub 6:15 Sunday Night Melodies 30 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 Walking Group 3:15 Social Hour in the Pub 6:15 Sunday Night Melodies | 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 - 3:00 "Bone Density | 10:00 Morning Meditation 10:30 Seated Tai Chi 11:00 Rosary 2:00 Sandy Allen / "Now & Then / Saxophone 3:15 Social Hour in the Pub 6:00 Bible Study with Nancy | PATIO PICNIC 10:30 Exercise Class 11:00 Rosary 2:00 Pastor John Dudley, Cong. Church 3:15 Social Hour in the Pub 6:00 Evening Movie | | 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Long Word Short | 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Prize Drop 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night |