



CHRISTOPHER HEIGHTS™

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 Seated Tai Chi 2:00 Chaffin Church Worship 3:15 Social Hour in the Pub 6:00 Wii Hollywood Squares	2 10:30 Exercise Class 12:00 Patio Picnic 2:00 Trivia Time / Patio or Pub 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	3 10:30 Drum Fit for Seniors 2:00 4th of July / Birthday party with Dave Bourdeau / Patriotic Songs 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling	4 INDEPENDENCE DAY! 10:30 Exercise 2:00 Bocce Ball 3:15 Social Hour in the Pub 6:00 Wii Wheel of Fortune	5 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Prize Drop 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
6 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game	7 10:30 Exercise Class 2:00 Mass St. Joe's 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Monday Night Melodies	8 10:30 Seated Tai Chi 2:00 Parachute Games 3:15 Social Hour in the Pub 6:00 Ladder Ball	9 10:30 Exercise Class 12:00 Patio Picnic 2:00 Mass St. Louis 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	10 10:30 Chair Dancing with Jackie 1:30 Great Plates Food Meeting 2:00 Resident Town Hall 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling	11 10:30 Stretch & Breathe Class 2:00 Matt York "Country Songs & Stories" 3:15 Social Hour in the Pub 6:00 Golf Putt	12 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Book Club Discussion 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
13 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game	14 LUAU DAY! 10:30 Exercise Class 2:00 Luau with BJ's Steel Drum/ Serving Mai Tai Outside (weather permitting) 3:15 Social Hour in the Pub / Serving Hawaiian Dip 6:00 Chain Reaction Word Game	15 10:30 Seated Tai Chi 2:00 UMass Meet & Greet 3:15 Social Hour in the Pub 6:00 Corn Hole	16 10:30 Exercise Class 12:00 Patio Picnic 2:00 Health Seminar Summer Safety & Hydration 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	17 10:30 Chair Dancing with Jackie 2:00 Ball in a Bucket Toss 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling	18 10:30 Stretch & Breathe Class 2:00 Poodles Visit 3:15 Social Hour in the Pub 6:00 Higher / Lower Card Game	19 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony's Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
20 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game	21 10:30 Exercise Class 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Monday Night Melodies	22 10:30 Seated Tai Chi 2:00 Water Balloon Toss (Outside) Participants may get wet/ Dress accordingly 3:15 Social Hour in the Pub 6:00 Wii Family Feud	23 10:30 Exercise Class 12:00 Patio Picnic 2:00 Long Word Short 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	24 '50s SOCK HOP DAY! 10:30 Chair Dancing with Jackie 1:30 '50s Sock Hop with "Hit the Bus Band" (weather permitting) 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling	25 10:30 Stretch & Breathe Class 1:30 Tie Dye / outdoors (weather permitting) Sign up at desk 3:15 Social Hour in the Pub 6:00 Golf Putt	26 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Corn Hole 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
27 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game	28 10:30 Exercise Class 1:30 Paint & Sip / Sign up at desk 24 Max / in the Pub 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Ladder Ball	29 10:30 Seated Tai Chi 2:00 Human Whack-A-Mole Game 3:15 Social Hour in the Pub 6:00 Battle Bags Toss Game	30 10:30 Exercise Class 12:00 Patio Picnic 2:00 Common Word 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	31 RAIN DATE FOR '50s SOCK HOP 10:30 Drum Fit for Seniors 2:00 Prize Drop 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling		