



CHRISTOPHER HEIGHTS™

# February 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Resident Town Hall 1

10:30 Drum Fit for Seniors  
1:30 Resident Town Hall  
3:15 Social Hour in the Pub  
6:00 Wii Bowling League

GROUNDHOG DAY! 2

10:00 A Matter of Balance Class for Participants who signed up only  
10:30 Stretch & Breathe / In the Pub  
2:00 Birthday Party with Robert Black  
3:15 Social Hour / in the Pub  
6:30 BINGO-3rd Floor

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10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Long Word Short  
3:15 Social Hour in the Pub: Serving Hot Appetizers  
6:00 Movie "Groundhog Day"

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10:30 "The Purl Girls" Knitting  
1:30 Movie "Groundhog Day"  
2:00 BINGO-3rd Floor  
3:15 Social Hour in the Pub  
6:15 Sunday Night Melodies

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10:30 Seated Tai Chi  
11:00 Rosary  
2:00 Mass St. Joe's  
3:15 Social Hour in the Pub  
6:00 Movie "Free Willy"

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9:30 HOMETOWN BANK  
9:30 Be Kind Group  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Connections Church Worship (Protestant)  
3:15 Social Hour in the Pub  
6:00 Learn Wii Bowling

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10:30 Exercise Class  
11:00 Rosary  
2:00 Blood Pressure & Balance Clinic  
3:15 Social Hour in the Pub  
6:00 Movie "Dave"

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10:30 Drum Fit for Seniors  
11:00 Rosary  
1:30 Great Plates Food Meeting / followed by Independent Activity/ Puzzles / Board Games in the Pub  
3:15 Social Hour in the Pub  
6:00 Wii Bowling League

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EARLY MARDI GRAS CELEBRATION!  
10:00 A Matter of Balance Class for Participants who signed up only  
10:30 Stretch & Breathe / In the Pub  
2:00 Mari Gras Party with the Catnip Junkies Trio!  
3:15 Social Hour / in the Pub  
6:30 BINGO-3rd Floor

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10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Book Club Discussion with Randa  
3:15 Social Hour in the Pub: Serving Hot Appetizers  
6:00 Movie "Song Of Bernadette"

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SUPER BOWL SUNDAY!  
10:30 "The Purl Girls" Knitting  
1:30 Movie "Song Of Bernadette"  
2:00 Walking Group  
3:15 Social Hour in the Pub  
6:15 Super Bowl Watch Party

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10:30 Chair Yoga with Bonnie from Joyasanah  
2:00 BINGO-3rd Floor  
3:15 Social Hour in the Pub  
6:00 On Top Ball Toss

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FAT TUESDAY!  
9:30 Be Kind Group  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Valentine Party with Michael / A Neil Diamond Tribute / Refreshments to follow in Pub  
3:15 Social Hour in the Pub  
6:00 Learn Wii Bowling

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ASH WEDNESDAY & Valentine's Day!  
10:30 Exercise Class  
11:00 Rosary  
2:00 Mass St. Louis  
3:15 Social Hour in the Pub  
6:00 Movie "North by Northwest" Cary Grant

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10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 "Understanding Dementia" with Michelle Mercer  
3:15 Social Hour in the Pub  
6:00 Wii Bowling League

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10:00 A Matter of Balance Class for Participants who signed up only  
10:30 Stretch & Breathe /in the Pub  
2:00 BINGO-3rd Floor  
3:15 Social Hour / in the Pub  
6:00 Prize Drop

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10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 St. Anthony Communion & Prayer  
3:15 Social Hour in the Pub: Serving Hot Appetizers  
6:00 Movie "Sleepless in Seattle"

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10:30 "The Purl Girls" Knitting  
1:30 Movie "Sleepless in Seattle"  
2:00 Walking Group  
3:15 Social Hour in the Pub  
6:15 Sunday Night Melodies

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PRESIDENTS DAY!  
10:30 Seated Tai Chi  
11:00 Rosary  
2:00 Mass Sacred Heart  
3:15 Social Hour in the Pub  
6:30 BINGO-3rd Floor

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9:30 HOMETOWN BANK  
9:30 Be Kind Group  
10:30 Drum Fit for Seniors  
11:00 Rosary  
1:30 Casino Games / 1st floor  
3:15 Social Hour in the Pub  
6:00 Learn Wii Bowling

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10:30 Exercise Class  
11:00 Rosary  
2:00 Health Seminar  
3:15 Social Hour in the Pub  
6:00 Movie "Fahrenheit 451"

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10:30 Drum Fit for Seniors  
11:00 Rosary  
1:30 Root Beer Floats / in the Pub  
3:15 Social Hour in the Pub  
6:00 Painting Class / Jean Walker In the Pub /Sign Up at Desk

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10:00 A Matter of Balance Class for Participants who signed up only  
10:30 Stretch & Breathe /in the Pub  
2:00 BINGO-3rd Floor  
3:15 Social Hour / in the Pub  
6:00 Golf

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10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Ladder Ball  
3:15 Social Hour in the Pub: Serving Hot Appetizers  
6:00 Movie "GI Blues" (Elvis)

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10:30 "The Purl Girls" Knitting  
1:30 Movie "GI Blues" (Elvis)  
2:00 Walking Group  
3:15 Social Hour in the Pub  
6:15 Sunday Night Melodies

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10:30 Chair Yoga with Bonnie from Joyasanah  
2:00 BINGO-3rd Floor  
3:15 Social Hour in the Pub  
6:00 Washer Toss

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9:30 Be Kind Group  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Fun Buzzer Trivia with a Twist  
3:15 Social Hour in the Pub  
6:00 Learn Wii Bowling

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10:30 Exercise Class  
11:00 Rosary  
2:00 Pastor John Dudley, Cong. Church  
3:15 Social Hour in the Pub  
6:00 Movie "The Prisoner of Second Avenue"

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10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Independent Activity / Board Games/ Puzzles in the Pub  
3:15 Social Hour in the Pub  
6:00 Wii Bowling League

