

December 2023

CHRISTOPHER HEIGHTS™						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	* 65				9:30 Weekly Gratitudes 10:30 Strength Training w/ Bands 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour / in the Pub 6:00 Ladder Ball	10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Golf 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "The Santa Clause"
10:30 "The Purl Girls" Knitting 1:30 Movie "The Santa Clause" 2:00 Walking Group 3:15 Social Hour in the Pub 5:30 Christian Nativity Drive-Thru at Charlton Baptist Church / sign up at desk 6:00 Sunday Night Melodies	10:30 Stretch & Breathe /Yoga Balls 11:00 Rosary 2:00 Mass St. Joe's 3:15 Social Hour in the Pub / Serving Ice Cream 6:30 BINGO-3rd Floor	9:30 Working on Ourselves 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Connections Church Worship (Protestant) 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling	10:30 Exercise Class 11:00 Rosary 2:00 Blood Pressure & Balance Clinic 3:15 Social Hour in the Pub 5:30 Senior Dance Putnam Elks 6:00 Movie "Enemies of the State"	HANUKKAH, BEGINS AT SUNSET! 7 10:30 TOWN HALL 11:00 Rosary 1:15 Outing to Target (Dayville CT.) / Sign up at Desk 3:00 All St. Academy 7th grade Students / Caroling 3:15 Social Hour in the Pub 6:00 Wii Bowling League	9:30 Weekly Gratitudes 10:30 Strength Training w/ Bands 11:00 Rosary 1:30 Decorating Mini Christmas Trees/ In the Pub Sign Up at desk/ (24) limit 3:15 Social Hour / in the Pub 6:30 Worcester Men of Song Christmas Show	10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Book Club Discussion with Randa 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "The Santa Clause 2"
10:30 "The Purl Girls" Knitting 2:00 The Dancer's Sole Interactive Dance / 2nd Floor 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies	FIRST DAY OF CHRISTMAS FUN! 11 10:30 Stretch & Breathe /Yoga Balls 11:00 Rosary 12:30 - 3:30p.m. Crafts & More Christmas Shopping! 3:15 Social Hour in the Pub / Serving Ice Cream 6:30 BINGO-3rd Floor	SECOND DAY OF CHRISTMAS FUN! 9:30 Hometown Bank in Library 9:30 Working on Ourselves 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Great Plates Food Meeting / Christmas Games in the Pub 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling	THIRD DAY OF CHRISTMAS FUN! 13 10:30 Exercise Class 11:00 Rosary 2:00 Mass St. Louis 3:15 Christmas Beverages / in the Pub 6:00 Movie "Places in the Heart"	FOURTH DAY OF CHRISTMAS FUN! 10:30 Drum Fit for Seniors 11:00 Rosary 2:15 Christmas Tunes with Our Resident Toni 3:15 Social Hour in the Pub 6:00 Wii Bowling League	 	SIXTH DAY OF CHRISTMAS FUN! 16 10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "A Christmas Carol"
SEVENTH DAY OF CHRISTMAS FUN! 10:30 "The Purl Girls" Knitting 1:30 Cong. Church / Christmas Caroling 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies	EIGHT DAY OF CHRISTMAS FUN! 18 Christopher "Elf" Teddy Bear Contest Begins Our Reside 10:30 Stretch & Breathe /Yoga Balls 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Guess How Many M&Ms while we serve Christmas Treats 6:30 BINGO-3rd Floor	9:30 Working on Ourselves 10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Welcome to Gingerbread Land / in the Pub 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling	TENTH DAY OF CHRISTMAS FUN! 20 10:30 Exercise Class 11:00 Rosary 2:00 Health Seminar "Grip Strength" 3:15 Social Hour in the Pub / Serving Cocoa & Christmas Cookies 6:00 Movie "The Christmas Chronicles" on Netflix		TWELFTH DAY OF CHRISTMAS FUN! Elf Teddy Bear Contest Winners Will Be Posted 9:30 Weekly Gratitudes 10:30 Strength Training w/ Bands 11:00 Rosary 2:00 BINGO-3rd Floor 3:15 Social Hour / in the Pub 6:30 Christmas with the Northeast CT. Community Orchestra	10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Snowball Toss with Debbie 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Candy Cane Lane" on Netflix
CHRISTMAS EVE! 10:30 "The Purl Girls" Knitting 1:30 Movie "Candy Cane Lane " on Netflix 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies NEW YEAR'S EVE! 31 10:30 "The Purl Girls" Knitting 1:30 Movie "Going My Way" 2:00 Walking Group 3:15 Social Hour in the Pub 6:00 Sunday Night Melodies	MERRY * 2 ISTA	9:30 Hometown Bank in Library 10:30 Exercise 11:00 Rosary 2:00 Birthday Party w/ Larry Lewis 3:15 Social Hour in the Pub 6:00 Learn Wii Bowling	10:30 Exercise Class 11:00 Rosary 2:00 Tea Time (assorted flavors) w/ Debbie / in the Pub 3:15 Social Hour in the Pub 6:00 Movie "Bridges of Madison County"	10:30 Drum Fit for Seniors 11:00 Rosary 1:30 Snowman Craft / in the Pub / Sign Up at Desk 3:15 Social Hour in the Pub 6:00 Wii Bowling League	9:30 Weekly Gratitudes 10:30 Strength Training w/ Bands	10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Movie "Going My Way"