



CHRISTOPHER HEIGHTS™

# August 2024

Sunday

Monday

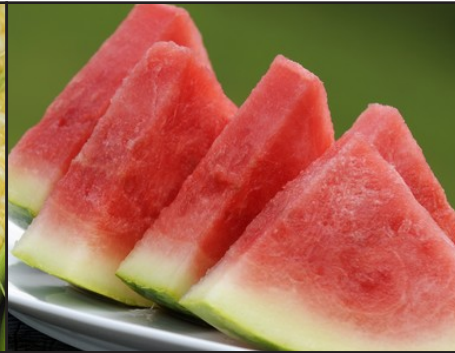
Tuesday

Wednesday

Thursday

Friday

Saturday



4  
10:30 "The Purl Girls" Knitting  
1:30 Movie Matinee  
2:00 Walking Group  
3:15 Social Hour in the Pub /  
Serving Cheese & Crackers  
6:15 Sunday Night Melodies

5  
10:30 Exercise  
11:00 Rosary  
2:00 Mass St. Joe's  
3:15 Social Hour in the Pub /  
Serving Delightful Dips  
6:00 Movie Night

6  
10:00 Morning Discussions  
10:30 Seated Tai Chi  
11:00 Rosary  
2:00 Connections Church Worship  
3:15 Social Hour in the Pub  
6:00 Battle Bags Toss Game  
6:00 Bible Study with Nancy

7  
PATIO PICNIC  
10:30 Exercise Class  
11:00 Rosary  
2:00 Health Seminar on  
Dehydration with Pete  
3:15 Social Hour in the Pub /  
Serving Shrimp Cocktail  
6:00 Evening Movie

8  
10:30 Drum Fit for Seniors  
11:00 Rosary  
1:30 Great Plates Food Meeting  
followed by Apples to Apples  
& Board Games in the Pub  
3:15 Social Hour in the Pub  
6:00 Common Word

9  
Rain Date for Mini Horse and  
Donkey Visit  
10:30 Stretch & Breathe Class  
11:00 Rosary  
2:00 Bingo in the Pub  
3:15 Social Hour in the Pub  
6:00 Corn Hole Contest

10  
10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Book Club Discussion with  
Randa  
3:15 Social Hour in the Pub:  
Serving Hot Appetizers  
6:00 Resident Movie Night

11  
10:30 "The Purl Girls" Knitting  
1:30 Movie Matinee  
2:00 Walking Group  
3:15 Social Hour in the Pub /  
Serving Cheese & Crackers  
6:15 Sunday Night Melodies

12  
10:30 Exercise  
11:00 Rosary  
2:00 BINGO in the Pub  
3:15 Social Hour in the Pub /  
Serving Delightful Dips  
6:00 Washer Toss

13  
10:00 Morning Discussions  
10:30 Seated Tai Chi  
11:00 Rosary  
2:00 WII Jeopardy  
3:15 Social Hour in the Pub  
6:00 Great Garage Band Reunion  
Outside Weather Permitting

14  
PATIO PICNIC  
10:30 Exercise Class  
11:00 Rosary  
2:00 Mass St. Louis  
3:15 Social Hour in the Pub /  
Serving Shrimp Cocktail  
6:00 Evening Movie

15  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Seated Volleyball  
3:15 Social Hour in the Pub  
6:00 Wii Bowling

16  
10:30 Stretch & Breathe Class  
11:00 Rosary  
2:00 BINGO in the Pub  
3:15 Social Hour in the Pub  
6:00 Ladder Ball

17  
10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 St. Anthony Communion  
& Prayer  
3:15 Social Hour in the Pub:  
Serving Hot Appetizers  
6:00 Resident Movie Night

18  
10:30 "The Purl Girls" Knitting  
1:30 Movie Matinee  
2:00 Walking Group  
3:15 Social Hour in the Pub /  
Serving Cheese & Crackers  
6:15 Sunday Night Melodies

19  
10:30 Exercise  
11:00 Rosary  
2:00 Mass Sacred Heart  
3:15 Social Hour in the Pub /  
Serving Delightful Dips  
6:30 Bingo in the Pub

20  
10:00 Morning Discussions  
10:30 Seated Tai Chi  
11:00 Rosary  
2:00 Neil Diamond Tribute w/  
Michael  
3:15 Social Hour in the Pub  
6:00 Bible Study with Nancy  
6:00 Washer Toss

21  
PATIO PICNIC  
10:30 Exercise Class  
11:00 Rosary  
2:00 Health Seminar "Rethink  
your Drink"  
3:15 Social Hour in the Pub /  
Serving Shrimp Cocktail  
6:00 Evening Movie

22  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Birthday Party with P.E  
James  
3:15 Social Hour in the Pub  
6:00 Battle Bags Toss Game

23  
10:30 Stretch & Breathe Class  
11:00 Rosary  
2:00 BINGO in the Pub  
3:15 Social Hour in the Pub  
6:00 Washer Toss

24  
10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Golf Putt  
3:15 Social Hour in the Pub:  
Serving Hot Appetizers  
6:00 Resident Movie Night

25  
10:30 "The Purl Girls" Knitting  
1:30 Movie Matinee  
2:00 Walking Group  
3:15 Social Hour in the Pub /  
Serving Cheese & Crackers  
6:15 Sunday Night Melodies

26  
10:30 Exercise  
11:00 Rosary  
2:00 BINGO in the Pub  
3:15 Social Hour in the Pub /  
Serving Delightful Dips  
6:00 Long Word Short

27  
RAIN DATE GREAT GARAGE  
BAND  
10:00 Morning Discussions  
10:30 Seated Tai Chi  
11:00 Rosary  
2:00 Prize Drop  
3:15 Social Hour in the Pub  
6:00 Ladder Ball

28  
PATIO PICNIC  
10:30 Exercise Class  
11:00 Rosary  
2:00 On Top Ball Toss  
3:15 Social Hour in the Pub /  
Serving Shrimp Cocktail  
6:00 Evening Movie

29  
10:30 Drum Fit for Seniors  
11:00 Rosary  
2:00 Dan Fontaine "Elvis Tribute"  
/ 2nd Floor  
3:15 Social Hour in the Pub  
6:00 Wii Bowling

30  
10:30 Stretch & Breathe Class  
11:00 Rosary  
2:00 BINGO in the Pub  
3:15 Social Hour in the Pub  
6:00 WII Family Feud

31  
10:30 "The Purl Girls" Knitting  
10:30 Exercise  
2:00 Chain Reaction Word Game  
3:15 Social Hour in the Pub:  
Serving Hot Appetizers  
6:00 Resident Movie Night