

## April 2024

## **CHRISTOPHER HEIGHTS™**

| CHRISTOPHER HEIGHTS   | 5 ···   |  |  |   |  |   |
|---|---|--|--|---|--|---|
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
| HELLO.<br>A prili   | APRIL FOOL'S DAY! 1<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 Mass St. Joe's<br>3:15 Social Hour in the Pub<br>6:00 Movie "Free Willy 3 The<br>Rescue"                                | 9:30 HOMETOWN BANK29:30 Be Kind Group10:30 Seated Tai Chi11:00 Rosary2:00 Connections Church<br>Worship (Protestant)3:15 Social Hour in the Pub<br>6:00 Ladder Ball                    | 3<br>10:15 Chair Yoga with Toni<br>11:00 Rosary<br>2:00 Blood Pressure & Balance<br>Clinic<br>3:15 Social Hour in the Pub<br>6:00 Movie "The Chosen Season<br>2 "Spirit"   | 4<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>1:30 Resident Town Hall<br>3:15 Social Hour in the Pub<br>6:00 Wii Bowling League  | 5<br>10:30 Stretch & Breathe /Pub<br>11:00 Rosary<br>2:00 "The Fraud Squad" Learn<br>how to Recognize Frauds<br>& Scams<br>3:15 Social Hour in the Pub<br>6:30 BINGO-3rd Floor                             | 6<br>10:30 "The Purl Girls" Knitting<br>10:30 Exercise<br>2:00 Golf<br>3:15 Social Hour in the Pub:<br>Serving Hot Appetizers<br>6:00 Movie "Angels in the<br>Outfield"                           |
| 7<br>10:30 "The Purl Girls" Knitting<br>1:30 Movie " Angels in the<br>Outfield"<br>2:00 Walking Group<br>3:15 Social Hour in the Pub<br>6:15 Sunday Night Melodies      | 8<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 Solar Eclipse Party/ Pub /@<br>3:20 p.m. Outside for Viewing<br>Weather Permitting<br>3:15 Social Hour in the Pub<br>6:30 BINGO-3rd Floor | 9<br>9:30 Be Kind Group<br>10:30 Seated Tai Chi<br>11:00 Rosary<br>2:00 Birthday Party with Terry<br>Bradley singer / Guitarist<br>3:15 Social Hour in the Pub<br>6:00 Long Word Short | 10<br>10:30 Exercise Class<br>11:00 Rosary<br>2:00 Mass St. Louis<br>3:15 Social Hour in the Pub<br>5:30 Senior Dance Putnam<br>6:00 Movie "The Chosen Season 2<br>"Unlawful"  | 11<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>1:30 Great Plates Food Meeting /<br>Followed by Cornhole<br>3:15 Social Hour in the Pub<br>6:00 Jean Walker Painting Class /<br>in the Pub              | 12<br>10:00 Chronic Disease & Self<br>Management Program For<br>residents that signed up<br>10:30 Stretch & Breathe Class /Pub<br>2:00 BINGO-3rd Floor<br>3:15 Social Hour in the Pub<br>6:00 Golf         | 13<br>10:30 "The Purl Girls" Knitting<br>10:30 Exercise<br>2:00 Book Club Discussion with<br>Randa<br>3:15 Social Hour in the Pub:<br>Serving Hot Appetizers<br>6:00 Movie "Madame X"             |
| 14<br>10:30 "The Purl Girls" Knitting<br>2:00 Dancer's Sole Student<br>Dancer TDS Hip Hop Crew /<br>2nd Fl<br>3:15 Social Hour in the Pub<br>6:15 Sunday Night Melodies | 15<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 Mass Sacred Heart<br>3:15 Social Hour in the Pub<br>6:30 BINGO-3rd Floor   | 9:30 HOMETOWN BANK169:30 Be Kind Group10:30 Seated Tai Chi11:00 Rosary2:00 Sangria Tasting & Appetizers3:15 Social Hour in the Pub6:00 WII Wheel of Fortune                            | 17<br>10:15 Chair Yoga with Toni<br>11:00 Rosary<br>2:00 Health Seminar "Taking Care<br>of You"<br>3:15 Social Hour in the Pub<br>6:00 Movie "The Chosen Season 2<br>"Reckoning"   | 18<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>1:30 Bill Dougal Lecture on<br>Drawing Caricatures / he will<br>pick a few people & draw them<br>3:15 Social Hour in the Pub<br>6:00 Wii Bowling League | 19<br>10:00 Chronic Disease & Self<br>Management Program For<br>residents that signed up<br>10:30 Stretch & Breathe Class /Pub<br>2:00 BINGO-3rd Floor<br>3:15 Social Hour in the Pub<br>6:00 WII Jeopardy | 20<br>10:30 "The Purl Girls" Knitting<br>10:30 Exercise<br>2:00 St. Anthony Communion<br>& Prayer<br>3:15 Social Hour in the Pub:<br>Serving Hot Appetizers<br>6:00 Movie "Click"                 |
| 21<br>10:30 "The Purl Girls" Knitting<br>1:30 Movie "Click"<br>2:00 Walking Group<br>3:15 Social Hour in the Pub<br>6:15 Sunday Night Melodies                          | 22<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 BINGO-3rd Floor<br>3:15 Social Hour in the Pub<br>6:00 First Garden Club Meeting<br>with Debbie  | -  | NATIONAL "PIGS IN A BLANKET" 24<br>DAY!<br>10:30 Exercise Class<br>11:00 Rosary<br>2:00 Pastor John Dudley, Cong.<br>Church<br>3:15 Social Hour in the Pub serving<br>Pigs in a Blanket<br>6:00 Movie "The Chosen Season 2<br>"Beyond Mountains" | 25<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 Independent Activity / Board<br>Games in the Pub<br>3:15 Social Hour in the Pub<br>6:00 Wii Bowling League   | 26<br>10:00 Chronic Disease & Self<br>Management Program For<br>residents that signed up<br>10:30 Exercise Class / in the Pub<br>2:00 BINGO-3rd Floor<br>3:15 Social Hour in the Pub<br>6:00 Ladder Ball   | 27<br>10:30 "The Purl Girls" Knitting<br>10:30 Exercise<br>2:00 Cornhole (outside weather<br>permitting)<br>3:15 Social Hour in the Pub:<br>Serving Hot Appetizers<br>6:00 Movie "Trading Places" |
| 28<br>10:30 "The Purl Girls" Knitting<br>1:30 Movie "Trading Places"<br>2:00 Walking Group<br>3:15 Social Hour in the Pub<br>6:15 Sunday Night Melodies                 | 29<br>10:30 Drum Fit for Seniors<br>11:00 Rosary<br>2:00 Luau Party with BJ Sound<br>of Steel<br>3:15 Social Hour in the Pub<br>6:30 BINGO-3rd Floor  | 9:30 HOMETOWN BANK309:30 Be Kind Group10:30 Seated Tai Chi11:00 Rosary2:00 Greatest Hits Cannabiss<br>-Informative Program3:15 Social Hour in the Pub<br>6:00 Battle Bags Toss Game    |  |   |  |   |