



CHRISTOPHER HEIGHTS™

September 2025

- P


 Pub
- DR

 Dining Room
- MR

 Media Room
- Front of Building
- LR

 Living Room
- RV

 Room Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>Happy Labor Day</div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Chair Yoga w/ Toni</div> <div>1:30 P Let's Play Jeopardy -Trivia Game</div> <div>3:00 P Pub Time</div> <div>6:00 MR Netflix TV Series "Suits"</div>	<div>2</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 P Health Talk w/ Metrowest Homecare & Hospice</div> <div>1:30 P LCR</div> <div>3:00 P Pub Time</div> <div>6:00 P Long Word - Short Words</div>	<div>3</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:00 P Blood Pressure Clinic</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Exercise Video</div> <div>1:30 P Bingo</div> <div>3:00 P Pub Time</div> <div>6:00 MR TV Concert - TBA</div>	<div>4</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Exercise Video</div> <div>1:30 MR Mini Golf</div> <div>3:00 P Pub Time</div> <div>6:00 LR Who, What & Where Am I? Trivia</div>	<div>5</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Exercise Video</div> <div>1:30 P Performance: David Garden</div> <div>3:00 P Pub Time w/ Hot Appetizers</div> <div>6:00 MR Movie - TBA</div>	<div>6</div> <div></div> <div>9:30 P Independent Coffee Social & Daily Chronicle</div> <div>10:00 P BINGO w/ Barbara and Andrea</div> <div>1:30 MR Bean Bag Toss</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie -TBA</div>
<div>7</div> <div>Happy Grandparents Day!</div> <div>10:00 MR Catholic Service - Everyone Is Welcome</div> <div>10:30 P Coffee Social & Daily Chronicle</div> <div>1:30 P LCR</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie - TBA</div>	<div>8</div> <div>National Assisted Living Week</div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Exercise w/ Heather</div> <div>10:30 RV Monday Room Visits w/ Monty The Dog</div> <div>1:30 Ice Cream Truck</div> <div>3:00 P Pub Time</div> <div>6:00 MR Netflix TV Series "Suits"</div>	<div>9</div> <div>National Teddy Bear Day</div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Drumfit w/ Patty</div> <div>1:30 MR Nature Connection</div> <div>3:00 P Pub Time</div> <div>6:00 P Horse Racing</div>	<div>10</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 P Performance: Terry Bradley</div> <div>3:00 P Pub Time</div> <div>6:00 MR TV Concert - TBA</div>	<div>11</div> <div>Patriots Day</div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Cardio Chair Dancing w/ Patty</div> <div>1:30 P Bingo</div> <div>3:00 P Pub Time</div> <div>6:00 LR Hangman - Word Game</div>	<div>12</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 MR Photo Game</div> <div>3:00 P Pub Time w/ Hot Appetizers</div> <div>6:00 MR Movie - TBA</div>	<div>13</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Mini Golf</div> <div>1:30 P Bingo</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie -TBA</div>
<div>14</div> <div></div> <div>10:00 MR Catholic Service - Everyone Is Welcome</div> <div>10:30 P Coffee Social & Daily Chronicle</div> <div>2:00 P Ballroom Dance Demo w/ Jane Becker</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie - TBA</div>	<div>15</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Chair Yoga w/ Toni</div> <div>1:30 MR Bowling</div> <div>3:00 P Pub Time</div> <div>6:00 MR Netflix TV Series "Suits"</div>	<div>16</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Drumfit w/ Patty</div> <div>11:00 P Sunshine Committee</div> <div>1:30 DR Ceramics w/ Diane</div> <div>3:00 P Pub Time</div> <div>6:00 P LCR</div>	<div>17</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 P Bingo For Prizes</div> <div>3:00 P Pub Time</div> <div>6:00 MR TV Concert - TBA</div>	<div>18</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Cardio Chair Dancing w/ Patty</div> <div>1:30 P Performance: The Rob Show</div> <div>3:00 P Pub Time</div> <div>6:00 LR Trivia & Other Word Games</div>	<div>19</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 MR Balloon Volleyball</div> <div>3:00 P Pub Time w/ Hot Appetizers</div> <div>6:00 MR Movie - TBA</div>	<div>20</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 P Bingo</div> <div>1:30 MR Bean Bag Toss</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie -TBA</div>
<div>21</div> <div></div> <div>10:00 MR Catholic Service - Everyone Is Welcome</div> <div>10:30 P Coffee Social & Daily Chronicle</div> <div>1:30 P LCR</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie - TBA</div>	<div>22</div> <div>Fall Begins</div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Exercise w/ Heather</div> <div>10:30 LR Monday Visit w/ Monty The Dog</div> <div>1:30 P Group Crossword Puzzle</div> <div>3:00 P Pub Time</div> <div>6:00 MR Netflix TV Series "Suits"</div>	<div>23</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Drumfit w/ Patty</div> <div>1:30 DR Resident Council Meeting</div> <div>3:00 P Pub Time</div> <div>6:00 LR Hangman - Word Game</div>	<div>24</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 P Monthly Birthday Party w/ Dave & Wally</div> <div>3:00 P Pub Time</div> <div>6:00 MR TV Concert - TBA</div>	<div>25</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Cardio Chair Dancing w/ Patty</div> <div>1:30 P Bingo</div> <div>3:00 P Pub Time</div> <div>6:00 P Long Word - Short Words</div>	<div>26</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Stretch & Strength Class w/ Patty</div> <div>1:30 P Fall Craft</div> <div>3:00 P Pub Time w/ Hot Appetizers</div> <div>6:00 MR Movie - TBA</div>	<div>27</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Mini Golf</div> <div>1:30 P Bingo</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie -TBA</div>
<div>28</div> <div></div> <div>10:00 MR Catholic Service - Everyone Is Welcome</div> <div>10:30 P Coffee Social & Daily Chronicle</div> <div>1:30 P LCR</div> <div>3:00 P Pub Time</div> <div>6:00 MR Movie - TBA</div>	<div>29</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Cardio Chair Dancing w/ Patty</div> <div>1:30 P Let's Play Jeopardy -Trivia Game</div> <div>3:00 P Pub Time</div> <div>6:00 MR Netflix TV Series "Suits"</div>	<div>30</div> <div></div> <div>9:30 P Independent Coffee Social</div> <div>10:15 P Daily Chronicle</div> <div>10:30 MR Drumfit w/ Patty</div> <div>1:30 P Horse Racing</div> <div>3:00 P Pub Time</div> <div>6:00 P Horse Racing</div>		