





CHRISTOPHER HEIGHTS™

October 2025

- P Pub
- DR Dining Room
- MR Media Room
- Back of the Building
- LR Living Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>5</div> <div>10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social &amp; Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA</div>	 <div>6</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Exercise w/ Heather 1:30 P Group Crossword Puzzle 3:00 P Pub Time 6:00 MR Netflix TV Series “Suits”</div>	 <div>7</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 P Long Word - Short Words</div>	<div>1</div> <div>9:30 P Independent Coffee Social 10:00 P Blood Pressure Clinic 10:15 P Daily Chronicle 1:30 P Bingo for Prizes 3:00 P Pub Time 6:00 MR TV Concert - TBA</div>	<div>2</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Exercise Video 1:30 P Performance: Sunnyside Swing Band 3:00 P Pub Time 6:00 LR Who, What &amp; Where Am I Trivia</div>	<div>3</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Exercise Video 1:30 MR Bowling 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA</div>	<div>4</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Bingo 1:30 MR Bean Bag Toss 3:00 P Pub Time 6:00 MR Movie -TBA</div>
<div>12</div> <div>10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social &amp; Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA</div>	<div>13</div> <div>Indigenous People's Day 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Chair Yoga w/ Toni 1:30 MR Bowling 3:00 P Pub Time 6:00 MR Netflix TV Series “Suits”</div>	<div>14</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Health Talk w/ Metrowest Homecare &amp; Hospice 1:30 MR Nature Connection 3:00 P Pub Time 6:00 P Horse Racing</div>	<div>15</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 MR TV Concert - TBA</div>	<div>16</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 MR Country &amp; Western Music History w/ John Clark 3:00 P Pub Time 6:00 P LCR For Scratch Tickets</div>	<div>17</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 MR Balloon Volleyball 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA</div>	<div>18</div> <div>9:30 P Independent Coffee Social &amp; Daily Chronicle 10:00 P BINGO w/ Barbara and Andrea 1:30 MR Bean Bag Toss 3:00 P Pub Time 6:00 MR Movie -TBA</div>
<div>19</div> <div>10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social &amp; Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA</div>	<div>20</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Exercise w/ Heather 1:30 P Let’s Play Jeopardy -Trivia Game 3:00 P Pub Time 6:00 MR Netflix TV Series “Suits”</div>	<div>21</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 11:00 P Sunshine Committee 1:30 DR Ceramics w/ Diane 3:00 P Pub Time 6:00 LR Hangman - Word Game</div>	<div>22</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 P Performance Paul Giardina 3:00 P Pub Time 6:00 MR TV Concert - TBA</div>	<div>23</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 P Long Word - Short Words</div>	<div>24</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 P Halloween Trick or Treat Bag Decorating 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA</div>	<div>25</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Mini Golf 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie -TBA</div>
<div>26</div> <div>10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social &amp; Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA</div>	<div>27</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Chair Yoga w/ Toni 1:30 P Group Crossword Puzzle 3:00 P Pub Time 6:00 MR Netflix TV Series “Suits”</div>	<div>28</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Monthly Birthday Party w/ The Rob Show 3:00 P Pub Time 6:00 P Horse Racing</div>	<div>29</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 DR Resident Council Meeting 3:00 P Pub Time 6:00 MR TV Concert - TBA</div>	<div>30</div> <div>9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 LR Name That Tune</div>	<div>31</div> <div>Happy Halloween! 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Stretch &amp; Strength Class w/ Patty 1:30 MR Halloween Party &amp; Costume Contest 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA</div>	