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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>RESIDENT BIRTHDAYS</b>  Bertha C. Caroline F. Susan F.	<b>RESIDENT BIRTHDAYS</b>  John O. Sylvia R. Bob V. Betty Y.	*PLEASE NOTE that Christopher Heights shopping trips to Stop & Shop on 7/5 and to Walmart on 7/11 & 7/26 require a sign up at the front desk	* Our trip to Walmart on 7/26 will be in a Handicap Van. Please make sure that you sign up early if you need this accommodation. 	<b>*CHRISTOPHER HEIGHTS WEEKLY COOKOUTS</b> Cook outs are on WEDNESDAYS at 12:00. Residents must sign- up on the Monday before each one at the front desk. 15-person limit.	<b>ON-SITE BANKING</b> Every 4 <sup>th</sup> Thursday of the month 9:30 – 11:00 AM (10 minute increments) * Please make an appointment 	<b>1.</b> 10:00 Current Events 10:30 Exercise 2:00 Bingo 3:30 Social Hour  	
<b>2.</b> 10:00 Current Events 10:30 Exercise 10:30 Walking club 2:00 JOHN PHILLIPS & BLACK COFFEE in CONCERT 3:30 Social Hour   	<b>3.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Book Club    	<b>4.</b> 10:00 Sharing in a Group– share a hobby, article, photo, etc. 10:30 Exercise 2:00 JULY 4 <sup>TH</sup> SING-A LONG AND CELEBRATION 3:30 Social Hour 6:00 Mini Series Night <b>★ Independence Day</b>  	<b>5.</b> 10:00 Current Events 10:30 Exercise 12:00 COOK OUT FOR RESIDENTS 1:15 SHOPPING TRIP TO STOP & SHOP * 2:00 Activity TBA 3:30 Social Hour 6:00 Game night   	<b>6.</b> 10:00 Where were you in 1950? 10:30 Exercise 1:00 Choral Group 2:00 Quilting with Sally 3:30 Social Hour   	<b>7.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie “The Desk Set” 1957 comedy with Katherine Hepburn & Spencer Tracey  	<b>8.</b> 10:00 Current Events 10:30 Exercise 2:00 Movie Matinee’- “The Desk Set” 1957 comedy with Katherine Hepburn & Spencer Tracey 3:30 Social Hour   	
<b>9.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social hour    	<b>10.</b> 10:00 Current Events 10:30 Exercise 2:00 Making Paper Flowers 3:30 Social Hour   	<b>11.</b> 10:00 Sharing in a Group– share a hobby, article, photo, etc. 1:15 SHOPPING TRIP TO WALMART * 2:00 CONCERT BY GEMTONES 3:30 Social Hour 6:00 Mini Series Night – “Call the Midwife” Seasons 2& 3   	<b>12.</b> 10:00 Current Events 10:30 Exercise 12:00 COOK OUT FOR RESIDENTS 2:00 RESIDENT COUNCIL MEETING 2:00 Activity TBA 3:30 Social Hour 6:00 Game Night   	<b>13.</b> 10:00 Where were you in 1975? 10:30 Exercise 1:00 Choral Group 2:00 BASKET COVERING PROJECT with Dawn 3:30 Social hour  	<b>14.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie “NATURAL CURIOSITIES” 2015 Documentary narrated by David Attenborough  	<b>15.</b> 10:00 Current Events 10:30 Exercise 2:00 Movie Matinee’- “NATURAL CURIOSITIES” 2015 Documentary narrated by David Attenborough 3:30 Social Hour  	
<b>16.</b> 10:00 Current Events 10:30 Walking Club 10:30 Exercise 1:00 Transitions with Tim 2:00 BINGO 3:30 Social Hour    	<b>17.</b> 10:00 Current Events 10:30 Exercise 2:00 Painting Ceramics 3:30 Social Hour 6:00 Book Club    	<b>18.</b> 10:00 Sharing in a Group– share a hobby, article, photo, etc. 10:30 Exercise 2:00 NATIVE AMERICAN HISTORY LECTURE 3:30 Social Hour 6:00 Mini Series Night- Call the Midwife” Seasons 2& 3  	<b>19</b> 10:00 Current Events 10:30 Exercise 12:00 COOK OUT FOR RESIDENTS 2:00 RESIDENT BIRTHDAY PARTY with music by Zack Danziger 3:30 Social Hour 6:00 Game Night    	<b>20.</b> 10:00 Where were you in 1960? 10:30 Exercise 1:00 Choral Group 2:00 Quilting with Sally 3:30 Social Hour   	<b>21.</b> 10:00 Coffee with Tom 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie – “Carousel” 1956 Roger and Hammerstein Musical   	<b>22.</b> 10:00 Current Events 10:30 Exercise 2:00 Movie Matinee’ - “Carousel” 1956 Roger and Hammerstein Musical 3:30 Social Hour   	
<b>23.</b> 10:00 Current Events 10:30 Walking Club 10:30 Exercise 2:00 BINGO 3:30 Social Hour  	<b>24.</b> 10:00 Current Events 10:30 Exercise 2:00 “WHAT IS IT?” Bring and an antique or old object to show and discuss 3:30 Social Hour   	<b>25.</b> 10:00 Sharing in a Group– share a hobby, article, photo, etc. 10:30 Exercise 2:00 CONCERT BY ANTHONY SARACINO FOLK GUITAR 3:30 Social Hour 6:00 Mini Series Night– “Call the Midwife” Seasons 2& 3  	<b>26.</b> 10:00 Current Events 10:30 Exercise 12:00 COOK OUT FOR RESIDENTS 1:00 NEW RESIDENT ORIENTATION MEETING 1:00 SHOPPING IN ACCESSIBLE VAN TO WALMART * 1:00 OPEN FOOD COMMITTEE 3:30 Social Hour 6:00 Game Night    	<b>27.</b> 10:00 Where were you in 1990? 10:30 Exercise 1:00 Choral Group 2:00 BLOOD PRESSURE CLINIC 3:30 Social Hour 9:30 AM- 11:00 AM ON-SITE BANKING   	<b>28.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie- “Bucket List” 2005 uplifting Comedy /Drama with Morgan Freeman & Jack Nicholson   	<b>29.</b> 10:00 Current Events 10:30 Exercise 2:00 Movie Matinee’- “Bucket List” 2005 uplifting Comedy /Drama with Morgan Freeman & Jack Nicholson 3:30 Social Hour   	
<b>30.</b> 10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour  	<b>31.</b> 10:00 Current Events 10:30 Exercise 2:00 IMPORTANCE OF HYDRATION LECTURE 3:30 Social Hour 6:00 Book Club  	Please don't forget to sign up for your SENIOR CENTER SCAN CARD at the front desk. It will allow you to use the Senior Center's DIAL- A -RIDE program which can provide rides to anywhere in Northampton, Leeds, and Florence.		<b>Summer is always the best of what might be.</b>			