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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>RESIDENT BIRTHDAYS</p> <p>Gail M. Anne T.</p> 	<p>OUR SHOPPING TRIP TO WALMART ON 2/22/17 WILL BE IN A HANDICAP ACCESSIBLE VAN</p> <p>Accommodates <u>one</u> electric scooter OR <u>one</u> wheel chair. You must be able to move yourself around the store once we get there. Only <u>two</u> residents with walkers if there is a wheel chair going.</p> 	<p>*PLEASE NOTE: Christopher Heights scheduled shopping trips to BIG Y on 2/7 & to WALMART on 2/22 require sign up at front desk.</p>	<p>1.</p> <p>10:00 Current Events 10:30 PREVENTING FALLS AMONG OLDER ADULTS 2:00 ART /CRAFT ACTIVITY - Finishing Acrylic paintings of birch trees in winter 3:30 Social Hour 6:00 Mini Series night</p>  	<p>2.</p> <p>10:00 Where were you in 1943? 10:30 Exercise 2:00 HEALTH CARE LECTURE - "Interactive Discussion about Flu" by Northampton Public Health 3:30 Social Hour</p>  	<p>3.</p> <p>10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie: "Meet Me in St. Louis" 1945 Classic Musical with Judy Garland</p>  	<p>4.</p> <p>10:00 Current Events 10:30 Exercise 2:00 Movie Matinee' - "Meet Me in St. Louis" 1945 Classic Musical with Judy Garland 3:30 Social Hour</p>  	
<p>5.</p> <p>10:00 Communion Service 10:00 Current Events 10:30 Exercise 10:30 Walking Club 1:30 Transitions with Tim 2:00 Bingo 3:30 Social Hour</p>    	<p>6.</p> <p>10:00 Current Events 10:30 Exercise 2:00 ART/CRAFT ACTIVITY-making Paper Snowflakes & Valentine decorations 3:30 Social Hour</p>  	<p>7.</p> <p>10:00 Share time – share a hobby, article, photo, etc. 10:30 Exercise 1:15 SHOPPING TO BIG Y * 3:30 Social Hour</p>  	<p>8.</p> <p>10:00 Current Events 10:30 PREVENTING FALLS AMONG OLDER ADULTS 2:00 RESIDENT COUNCIL MEETING 2:00 Board Games 3:30 Social Hour 6:00 Mini Series Night</p>  	<p>9.</p> <p>10:00 Where were you in 1950? 10:30 Exercise 2:00 HEALTH CARE LECTURE - "Music and Wellness - Pillars of a Healthy Brain" by Home Watch Care Givers" 3:30 Social Hour</p>  	<p>10.</p> <p>10:00 Coffee with Tom 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie: "The Theory of Everything" 2014 Drama</p>   	<p>11.</p> <p>10:00 Current Events 10:30 Exercise 2:00 Movie Matinee' - "The Theory of Everything" 2014 Drama 3:30 Social Hour</p>  	
<p>12.</p> <p>10:00 Current Events 10:30 Walking Club 10:30 Exercise 2:00 BINGO 3:30 Social Hour</p>   	<p>13.</p> <p>10:00 Current Events 10:30 Exercise 2:00 HEALTH CARE LECTURE - on "Heart Failure" 3:30 Social Hour</p>  	<p>14.</p> <p>10:00 Share time – share a hobby, article, photo, etc. 10:30 Exercise 2:00 Valentine's Day Tea Party 3:30 Social Hour</p>   <p>Valentine's Day</p>	<p>15.</p> <p>10:00 Current Events 10:30 PREVENTING FALLS AMONG OLDER ADULTS 2:00 RESIDENT BIRTHDAY PARTY Music with Fred Marion 3:30 Social Hour 6:00 Mini Series Night</p>   	<p>16.</p> <p>10:00 Where were you in 1999? 10:30 Exercise 2:00 Wii Bowling 3:30 Social Hour</p>  	<p>17.</p> <p>10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie: "North by Northwest" Classic Alfred Hitchcock 1959 Mystery</p>  	<p>18.</p> <p>10:00 Current Events 10:30 Exercise 2:00 Movie Matinee' - Friday Movie – "North by Northwest" Classic Alfred Hitchcock 1959 Mystery 3:30 Social Hour</p>  	
<p>19.</p> <p>10:00 Communion Service 10:00 Current Events 10:30 Walking Club 10:30 Exercise 1:30 Transitions with Tim 2:00 BINGO 3:30 Social Hour</p>    	<p>20.</p> <p>10:00 Current Events 10:30 Exercise 2:00 Yarn Arts 3:30 Social Hour</p>  	<p>21.</p> <p>10:00 Share time – share a hobby, article, photo, etc. 10:30 Exercise 2:00 MUSIC WITH LISA & DAVE - "MUSIC THROUGH THE AGES SHOW" 3:30 Social Hour</p>  	<p>22.</p> <p>10:00 Current Events 10:30 Exercise 1:15 SHOPPING TO WALMART WITH COMMUNITY TRANSPORTION 2:00 HEALTH CARE LECTURE - "Osteoporosis" by Northampton Public Health 3:30 Social Hour 6:00 Mini Series night</p>   	<p>23.</p> <p>10:00 Where were you in 1993? 10:30 Exercise 2:00 MUSIC WITH TED HAMEL 3:30 Social Hour</p>   <p>*ON SITE BANKING BEGINS</p>	<p>24.</p> <p>10:00 Current Events 10:30 Exercise 2:00 BINGO 3:30 Social Hour 6:00 Friday Movie: "My Big Fat Greek Wedding" 2002 Comedy</p>  	<p>25.</p> <p>10:00 Current Events 10:30 Exercise 2:00 Movie Matinee' 6:00 Friday Movie – "My Big Fat Greek Wedding" 2002 Comedy 3:30 Social Hour</p>  	
<p>26</p> <p>10:00 Current Events 10:30 Walking Club 10:30 Exercise 2:00 BINGO 3:30 Social Hour</p>  	<p>27</p> <p>10:00 Current Events 10:30 Exercise 2:00 ART ACTIVITY-creating Mardi Gra masks 3:30 Social Hour</p>  	<p>28.</p> <p>10:00 Share time – share a hobby, article, photo, etc. 10:30 Exercise 2:00 Bean Bag Game 3:30 Social Hour</p> 	<p>PLEASE NOTE THAT ON SITE BANKING WILL BEGIN ON THURSDAY, FEBRUARY 23rd, 2017</p> 	<p><i>No Winter lasts forever; No spring skips its turn</i></p> <p>Hal Borland</p>			